

# 2023 Goals

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## Debbie Macomber New Year Goals Worksheet

1. Favorite Food
2. Best Friend
3. Favorite Activity
4. Favorite Sport
5. Places you'd most like to travel

**List three things you'd like to experience in 2023.**

1.

2.

3.

**List three non-fiction books you want to read in 2023.**

1.

2.

3.

**List three things about yourself you want to improve in 2023.**

1.

2.

3.

## Write out your goals for 2023 in the following categories:

1. Spiritual Goals:
2. Family Goals:
3. Attitude (Mental) Goals:
4. Physical Goals:
5. Career Goals:
6. Recreational Goals:
7. Financial Goals: